

## BREAKFAST MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| CENTER IS CLOSED IN observance of new YEARS DAY | BISCUIT, PINEAPPLE TIDBITS AND MILK | CORN FLAKES CEREAL, FRUIT COCKTAIL AND MILK | PANCAKES, APPLESAUCE AND MILK | TOASTY-O's CEREAL (WG), banana and milk |
| 8 | 9 |  | 11 | 12 |
| MUFFIN, FRUIT COCKTAIL AND MILK | bagel with cheese, APPLESAUCE AND MILK | RICE KRISPIES CEREAL, PINEAPPLE TIDBITS AND MILK | WAFFLES (WG), MANDARIN ORANGES AND MILK | KIX CEREAL (WG), BANANA AND MILK |
| 15 | 16 | 17 | 18 | 19 |
| CENTER IS CLOSED IN OBSERVANCE OF MARTIN LUTHER KING JR. DAY | BISCUIT, PINEAPPLE TIDBITS AND MILK | CORN FLAKES CEREAL, FRUIT COCKTAIL AND MILK | PANCAKES, APPLESAUCE AND MILK | TOASTY-O's CEREAL (WG), BANANA AND MILK |
| 22 | 23 | 24 | 25 | 26 |
| MUFFIN, FRUIT COCKTAIL AND MILK | bagel with cheese, APPLESAUCE AND MILK | RICE KRISPIES CEREAL, PINEAPPLE TIDBITS AND MILK | WAFFLES (WG), MANDARIN ORANGES AND MILK | KIX CEREAL (WG), BANANA AND MILK |
| 29 | 30 | 31 | $\cdots \rightarrow$ |  |
| MUFFIN, DICED PEARS AND MILK | BISCUIT, PINEAPPLE TIDBITS AND MILK | CORN FLAKES CEREAL, FRUIT COCKTAIL AND MILK |  | 1 |

1) Whole Milk is served to children from age 1 yr. - prior to age 2.
2) Low-fat (1\%) is served to children after age 2.
3) Please see Administration should your child need an alternative food item for health reasons.

## LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| CENTER IS CLOSED IN OBSERVANCE OF NEW YEARS DAY | CHICKEN WRAP TORTILLA (WG), BLACK BEANS, FRUIT COCKTAIL AND MILK | MACARONI \& CHEESE, GROUND BEEF, PEAS, MANDARIN ORANGES AND MILK | MEATBALLS, MASHED POTATOES, GREEN BEANS, DICED PEARS AND MILK | PIZZA WITH EXTRA CHEESE, CORN, PINEAPPLE TIDBITS AND MILK |
| 8 |  |  |  | 12 |
| BREADED CHICKEN NUGGETS, BREAD (WG), MIXED VEGETABLES, APPLESAUCE AND MILK | MACARONI \& CHEESE, DICED HAM, GREEN BEANS, DICED PEACHES AND MILK | BREADED CHICKEN SANDWICH, BREAD (WG), MIXED VEGETABLES, DICED PEARS AND MILK | BURGER, BREAD (WG), GREEN BEANS, FRUIT COCKTAIL AND MILK | PIZZA WITH EXTRA CHEESE, CORN, PINEAPPLE TIDBITS AND MILK |
| 15 | 16 | 17 | 18 | 19 |
| CENTER IS CLOSED IN OBSERVANCE OF MARTIN LUTHER KING JR. DAY | CHICKEN WRAP TORTILLA (WG), BLACK BEANS, FRUIT COCKTAIL AND MILK | MACARONI \& CHEESE, GROUND BEEF, PEAS, MANDARIN ORANGES AND MILK | MEATBALLS, MASHED POTATOES, GREEN BEANS, DICED PEARS AND MILK | PIZZA WITH EXTRA CHEESE, CORN, PINEAPPLE TIDBITS AND MILK |
| 22 | 23 | 24 | 25 | 26 |
| BREADED CHICKEN NUGGETS, BREAD (WG), MIXED VEGETABLES, APPLESAUCE AND MILK | MACARONI \& CHEESE, DICED HAM, GREEN BEANS, DICED PEACHES AND MILK | BREADED CHICKEN SANDWICH, BREAD (WG), MIXED VEGETABLES, DICED PEARS AND MILK | BURGER, BREAD (WG), GREEN BEANS, FRUIT COCKTAIL AND MILK | PIZZA WITH EXTRA CHEESE, CORN, PINEAPPLE TIDBITS AND MILK |
| 29 | 30 | 31 |  | $\bigcirc \bigcirc$ |
| BREADED CHICKEN NUGGETS, BREAD (WG), MIXED VEGETABLES, APPLESAUCE AND MILK | CHICKEN WRAP TORTILLA (WG), BLACK BEANS, FRUIT COCKTAIL AND MILK | MACARONI \& CHEESE, GROUND BEEF, PEAS, MANDARIN ORANGES AND MILK |  |  |
| Notes: |  |  |  |  |

1) Whole Milk is served to children from age 1 yr. - prior to age 2.
2) Low-fat (1\%) is served to children after age 2.
3) Please see Administration should your child need an alternative food item for health reasons.

## SNACK MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| CENTER IS CLOSED IN OBSERVANCE OF NEW YEARS DAY | mixed CRACKERS, YOGURT WITH FRUIT AND APPLE JUICE | goldfish pretzels, banana and apple juice | Cheese crackers and APPLE JUICE | MIXED CRACKERS AND APPLE JUICE |
| 8 | 9 | 10 | 11 | 12 |
| saltine crackers, cheese AND APPLE JUICE | mixed CRACKERS, YOGURT WITH FRUIT AND APPLE JUICE | GRAHAM CRACKERS AND APPLE JUICE | GOLDFISH CHEESE CRACKERS (WG), BANANA AND APPLE JUICE | MIXED CRACKERS AND APPLE JUICE |
| 15 | 16 | 17 | 18 | 19 |
| CENTER IS CLOSED IN OBSERVANCE OF MARTIN LUTHER KING JR. DAY | MIXED CRACKERS, YOGURT WITH FRUIT AND APPLE JUICE | goldfish pretzels, banana and apple juice | Cheese crackers and APPLE JUICE | MIXED CRACKERS AND APPLE JUICE |
| 22 | 23 | 24 | 25 | 26 |
| saltine crackers, cheese AND APPLE JUICE | mixed Crackers, YOGURT WITH FRUIT AND APPLE JUICE | GRAHAM CRACKERS AND APPLE JUICE | GOLDFISH CHEESE CRACKERS (WG), BANANA AND APPLE JUICE | MIXED CRACKERS AND APPLE JUICE |
| 29 | 30 | 31 |  |  |
| RITZ CRACKERS, CHEESE AND APPLE JUICE | MIXED CRACKERS, YOGURT WITH FRUIT AND APPLE JUICE | goldfish pretzels, BANANA AND APPLE JUICE | 2 V | - |

1) Whole Milk is served to children from age 1 yr. - prior to age 2 .
2) Low-fat (1\%) is served to children after age 2.
3) Please see Administration should your child need an alternative food item for health reasons.
